



Warwick West State School
TUCKSHOP MENU—2024

Wednesday, Thursday and Friday
8.30am to 1.45pm
Convenor: Sally Mclean



HEALTHY SNACKS

Apple (free slinky)	\$1.00
Banana	\$1.00
Seasonal Fruit (varies)	\$1.00
Snack Bag: 4 cracker biscuits, cheese	\$1.00
Fruit muffin	\$1.00
Home baking (varies)	\$1.00
Fresh Air Popped Popcorn	\$0.50

SANDWICHES (White, Multigrain, G/Free)

Ham	\$4.00
Chicken	\$4.00
Add:	
Cheese / Tomato / Grated carrot	\$0.50
Lettuce	\$0.50
Toasted (extra)	\$0.50
Vegemite / honey / jam sandwich	\$2.00
Cheese	\$3.00
Egg and lettuce	\$3.50

WRAPS or ROLLS

Ham and salad wrap / Roll	\$5.00
Chicken and salad wrap / Roll	\$5.00
Gluten Free Wraps Available	

Salad Bowl

Lettuce, tomato, carrot base—add on avail	\$3.50
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EVERYDAY LUNCH ITEMS

Chicken Little Burger:	
Chicken tender, lettuce, mayonnaise	\$3.50

Chappy's Chicken Burger:	
Crumbed Chicken patty, lettuce, mayonnaise	\$5.00
add cheese	\$0.50

West Bonza Burger:	
Homemade Beef Patty, lettuce, tomato, sauce	\$5.00
add cheese	\$0.50

Pizzas & Garlic bread:	
Ham and Cheese Pizza	\$3.00
Ham, Cheese and Pineapple Pizza	\$3.50
BBQ, Chicken and Cheese Pizza	\$3.50
Garlic Bread	\$2.50

Chicken Wedges:	
4 chicken tender wedges	\$4.50
Gluten Free Tenders	\$4.50

NitWit Noodles:	
Pasta with tomato sauce and mixed vegetables (<i>served with spoon</i>)	\$3.50
add Chicken	\$2.00
add Cheese	\$0.50

Dimity's Hot Dog:	
Hot Dog and sauce	\$4.50
add cheese	\$0.50

Pies and Sausage Roll:	
Small Beef Pies (60g)	\$3.50
Large Beef Pies (200g)	\$4.50
Sausage Roll	\$4.00
Tomato or BBQ sauce	\$0.50

If your child has dietary restrictions please feel free to come and see us and see what we can offer.

DRINKS

Bottle water	\$1.50
Fresh plain milk (reduced fat) 150ml	\$2.00
Chocolate flavoured milk (reduced fat)	\$2.50
Strawberry flavoured milk (reduced fat)	\$2.50
Apple juice (99.9% fruit) 200ml	\$2.50
Apple & Blackcurrant juice (99.9% fruit) 200ml	\$2.50
Orange juice (99.9% fruit) 200ml	\$2.50

TREATS

Zooper Dooper	\$0.80
Snap Stix Ice Pop	\$1.00
Red Rock Chips—Salt or Honey Soy	\$2.00
Frozen Yoghurt—Strawberry or Mango	\$3.00



HOW TO ORDER

Order your Tuckshop online
www.flexischools.com.au by 8.15am.

OR
OVER THE COUNTER

When ordering please use separate bags for first and second break orders.
Orders must be placed by 8.45am.

SCHOOL BREAK TIMES

Upper School Morning Tea	10.30am to 11.00am
Lower School Lunch	11.00am to 11.45am
Upper School Lunch	12.45pm to 1.30pm
Lower School Afternoon Tea	1.30pm to 2.00pm

VOLUNTEERS WELCOME

The tuckshop is co-ordinated by our tuckshop convenor and relies on the support of volunteers. Volunteers are always appreciated. It is a great way to help out and meet other parents. Please contact the convenor or the school office on 4660 5333 if you can assist in any way.

